

SUN

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			<p>9:00 Muscle Toning (AUD) 10:00 Fired Arts (CW) 10:30 Balance Class (CH) 11:00 Vantage House Choraleers (AUD) 11:15 Movie Committee Meeting (TTL) 11:15 Low Back & Abdominal Workout (A/C) 1:00 Presentation: Optometrist; Dr. Jeremy Goldman (AUD) 1:00 Creative Knit & Crochet (WG) 1:00 Duplicate Bridge (A/C) 2:00 Library Committee (L) 4:30 Catholic Communion Service (CH) 7:00 Pool & Dominoes (GR) 7:30 Bridge, Mah Jong, Scrabble (A/C) 7:30 Classic Movie (AUD)</p>	1	<p>Groundhog Day 9:00 Outdoor Walking Group (ML) 10:00 Keep Moving Aerobics! (A/C) 10:00 News & Views (MR) 10:00 Fired Arts (CW) 10:30 Stretch, Flex, and Yoga (A/C) 11:30 Balance 101 (FC) 2:30 Popcorn Social (LO) 2:30 Resident Association Board Meeting (MR) 7:30 Bingo (AUD) 7:30 Bridge, Scrabble (A/C) 7:30 Pool (GR)</p>	2	<p>9:15 Muscle Toning (AUD) 9:30 Hospitality Committee (MR) 10:30 Balance Class (CH) 11:15 Low Back & Abdominal Workout (A/C) 3:00 Floor Exercise with Vivian (AUD) 7:00 Pool & Dominoes (GR) 7:30 Bridge, Mah Jong, Scrabble (A/C) 7:30 Musical Entertainment: The Young At Heart Swing Band (AUD)</p>	3	<p>10:00 Stretching (AUD) 10:30 Knit One...Crochet Too! (A/C) 1:30 Bridge, Mah Jong, Scrabble (A/C) 2:45 Zumba Exercise Class (AUD) 4:00 Happy Hour (LO) 4:30 Classic Sing-A-Long (AUD) 7:00 Trip Out: The Columbia Orchestra (ML) 7:30 Current Movie (AUD)</p>	4		
<p>Super Bowl XLVI 2:00 Worship Service (AUD) 6:00 Super Bowl Party (LO)</p>	<p>9:00 Muscle Toning (AUD) 10:00 Line Dancing (AUD) 10:30 Balance Class (CH) 11:15 Low Back & Abdominal Workout (A/C) 1:00 Wii Open Bowling (AUD) 2:00 Peabody Cadenza Lecture Series: The Wit and Energy of Haydn's Piano Sonatas with Doug Heist (AUD) 7:00 Pool & Dominoes (GR) 7:30 Contemporary Movie (AUD) 7:30 Bridge, Mah Jong, Scrabble (A/C)</p>	5	<p>9:00 Outdoor Walking Group (ML) 9:30 Life's Changing Journey (CW) 10:00 Keep Moving Aerobics! (AUD) 10:30 Stretch, Flex, and Yoga (AUD) 11:00 Tai Chi Chih (AUD) 11:00 Mixed Media Art Class (CW) 11:30 Balance 101 (FC) 1:00 Health Insurance Assistance (CL) 1:30 Building Services Committee (MR) 2:00 Bible Study (A/C) 7:30 Musical Entertainment: Mike Surratt, keyboardist (AUD) 7:30 Bridge, Mah Jong, Scrabble (A/C) 7:30 Pool & Poker (GR)</p>	6	<p>9:00 Muscle Toning (AUD) 10:00 Fired Arts (CW) 10:30 Balance Class (CH) 11:00 Vantage House Choraleers (AUD) 11:15 Low Back & Abdominal Workout (A/C) 1:00 Party Bridge (A/C) 1:00 Creative Knit & Crochet (WG) 2:00 Library Committee (L) 3:00 Vantage House Spelling Bee (AUD) 4:30 Life Enrichment Table (LO) 4:30 Catholic Communion Service (CH) 7:00 Pool & Dominoes (GR) 7:30 Musical Entertainment: The Pressures Mountain Boys (AUD) 7:30 Bridge, Mah Jong, Scrabble (A/C)</p>	7	<p>9:00 Outdoor Walking Group (ML) 10:00 Keep Moving Aerobics! (A/C) 10:00 News & Views (MR) 10:00 Fired Arts (CW) 10:30 Stretch, Flex, and Yoga (AUD) 11:30 Balance 101 (FC) 11:00 Lindas Treasures Personal Shopping (WG) 7:30 Bingo (AUD) 7:30 Bridge, Scrabble (A/C) 7:30 Pool (GR)</p>	8	<p>9:15 Muscle Toning (AUD) 10:30 Balance Class (CH) 11:15 Low Back & Abdominal Workout (A/C) 1:00 Health Talk with Dr. Lazris (AUD) 3:00 Parkinsons Dance Demonstration (AUD) 7:00 Pool & Dominoes (GR) 7:30 Documentary: "The Two Nations of Black America" (AUD) 7:30 Bridge, Mah Jong, Scrabble (A/C)</p>	9	<p>10:30 Knit One...Crochet Too! (A/C) 1:30 Bridge, Mah Jong, Scrabble (A/C) 2:45 Zumba Exercise Class (CW) 4:00 Happy Hour (LO) 4:30 Classic Sing-A-Long (AUD) 7:30 Current Movie (AUD)</p>	10
<p>2:00 Worship Service (AUD) 7:00 Musical Entertainment: The Greater Columbia Music Recital (AUD)</p>	<p>9:00 Muscle Toning (AUD) 10:00 Line Dancing (AUD) 10:30 Balance Class (CH) 11:00 Just Bead It-Bead Class (CW) 11:15 Low Back & Abdominal Workout (A/C) 1:00 Wii Open Bowling (AUD) 1:30 Finance Committee (CR) 2:00 Peabody Cadenza Lecture Series: The Wit and Energy of Haydn's Piano Sonatas with Doug Heist (AUD) 2:00 Book Discussion Group (A/C) 7:00 Pool & Dominoes (GR) 7:30 Bridge, Mah Jong, Scrabble (A/C) 7:30 Contemporary Movie (AUD)</p>	12	<p>Valentine's Day 9:00 Outdoor Walking Group (ML) 10:00 Keep Moving Aerobics! (AUD) 10:00 Dining Services Committee (CDR) 10:00 Caregiver and Care Partner Parkinson's Group (A/C) 10:30 Stretch, Flex, and Yoga (AUD) 11:00 Mixed Media Art Class (CW) 11:30 Balance 101 (FC) 1:30 Assistive Devices Tune Up (Rehab) 2:00 Bible Study (A/C) 3:00 Valentines Day Social (WG) 7:30 Bridge, Mah Jong, Scrabble (A/C) 7:30 Musical Entertainment: Nancy Sings, vocalist (AUD) 7:30 Pool & Poker (GR)</p>	13	<p>9:00 Muscle Toning (AUD) 9:15 League of Women Voters (CDR) 9:15 League of Women Voters (CDR) 10:00 Fired Arts (CW) 10:00 Health Services Committee (MR) 10:30 Balance Class (CH) 10:30 Vantage House Choraleers (AUD) 11:15 Low Back & Abdominal Workout (A/C) 1:00 Creative Knit & Crochet (WG) 1:00 Duplicate Bridge (A/C) 2:00 Alzheimer's and Memory Loss Caregivers Support Group (TTL) 2:00 Library Committee (L) 4:30 Catholic Communion Service (CH) 5:30 Birthday Celebration Dinner (AUD) 7:00 Musical Entertainment: Alison Gatwood, pianist (WG) 7:00 Pool & Dominoes (GR) 7:30 Bridge, Mah Jong, Scrabble (A/C)</p>	14	<p>9:00 Outdoor Walking Group (ML) 10:00 Keep Moving Aerobics! (A/C) 10:00 News & Views (MR) 10:00 Fired Arts (CW) 10:30 Stretch, Flex, and Yoga (A/C) 11:30 Balance 101 (FC) 2:30 Votor Registration and Absentee Ballot (WG) 7:30 Bingo (AUD) 7:30 Bridge, Scrabble (A/C) 7:30 Pool (GR)</p>	15	<p>9:15 Muscle Toning (AUD) 9:30 Marketing Committee (MR) 10:30 Balance Class (CH) 11:15 Low Back & Abdominal Workout (A/C) 4:00 Shabbat Service (AUD) 7:00 Pool & Dominoes (GR) 7:30 Bridge, Mah Jong, Scrabble (A/C) 7:30 Documentary: "King" (AUD)</p>	16	<p>10:00 Stretching (AUD) 10:30 Knit One...Crochet Too! (A/C) 1:30 Bridge, Mah Jong, Scrabble (A/C) 2:45 Zumba Exercise Class (AUD) 4:00 Happy Hour (LO) 4:30 Classic Sing-A-Long (AUD) 7:30 Current Movie (AUD)</p>	17
<p>2:00 Worship Service (AUD) 7:30 Fine Arts Video (AUD)</p>	<p>Presidents Day 9:00 Muscle Toning (AUD) 10:00 Line Dancing (AUD) 10:30 Balance Class (CH) 11:15 Low Back & Abdominal Workout (A/C) 1:00 Wii Open Bowling (AUD) 2:00 Peabody Cadenza Lecture Series: The Wit and Energy of Haydn's Piano Sonatas with Doug Heist (AUD) 3:00 Low Vision Support Group (A/C) 7:00 Pool & Dominoes (GR) 7:30 Bridge, Mah Jong, Scrabble (A/C) 7:30 Classic Movie (AUD)</p>	19	<p>Mardi Gras 9:00 Outdoor Walking Group (ML) 9:30 Life's Changing Journey (CW) 10:00 Keep Moving Aerobics! (AUD) 10:30 Stretch, Flex, and Yoga (AUD) 11:00 Tai Chi Chih (AUD) 11:00 Mixed Media Art Class (CW) 11:30 Balance 101 (FC) 1:00 Health Insurance Assistance (CL) 1:30 National Council of Jewish Women (AUD) 2:00 Bible Study (A/C) 3:00 Mardi Gras King Cake Social (WG) 6:00 Family Council Meeting (AUD) 7:30 Bridge, Mah Jong, Scrabble (A/C) 7:30 Pool & Poker (GR)</p>	20	<p>9:00 Outdoor Walking Group (ML) 9:00 Muscle Toning (AUD) 9:00 Trip Out: Reginald F Lewis Museum (ML) 9:00 Muscle Toning (AUD) 10:00 Fired Arts (CW) 10:30 Balance Class (CH) 11:00 Vantage House Choraleers (AUD) 11:15 Low Back & Abdominal Workout (A/C) 1:00 Party Bridge (A/C) 1:00 Creative Knit & Crochet (WG) 2:00 World News Lecture with Mel Goodman (AUD) 2:00 Library Committee (L) 4:30 Catholic Communion Service (CH) 7:00 Pool & Dominoes (GR) 7:30 Bridge, Mah Jong, Scrabble (A/C) 7:30 Musical Entertainment: Dale Jarrett, pianist/vocalist (AUD)</p>	21	<p>9:00 Outdoor Walking Group (ML) 10:00 Keep Moving Aerobics! (AUD) 10:00 News & Views (MR) 10:00 Fired Arts (CW) 10:30 Stretch, Flex, and Yoga (AUD) 11:30 Balance 101 (FC) 3:00 Life Enrichment Services Committee (MR) 7:00 Trip Out: Baltimore Symphony Orchestra-Series A (ML) 7:00 Musical Entertainment: The Suzuki Music School Violin Recital (AUD) 7:30 Bridge, Scrabble (A/C) 7:30 Pool (GR)</p>	22	<p>9:15 Muscle Toning (AUD) 10:30 Balance Class (CH) 11:15 Low Back & Abdominal Workout (A/C) 1:00 Maryland Vein Professionals Presentation (AUD) 7:00 Pool & Dominoes (GR) 7:30 Bridge, Mah Jong, Scrabble (A/C) 7:30 Documentary: "African American War Heroes" (AUD)</p>	23	<p>10:00 Stretching (AUD) 10:30 Knit One...Crochet Too! (A/C) 12:00 Outing: Senior Entertainment and the Arts: Ernani (ML) 1:30 Bridge, Mah Jong, Scrabble (A/C) 2:45 Zumba Exercise Class (AUD) 4:00 Happy Hour (LO) 4:30 Classic Sing-A-Long (AUD) 7:30 Musical Entertainment: Tom Stringer, guitarist (AUD)</p>	24
<p>2:00 Worship Service (AUD) 7:30 Fine Arts Video (AUD)</p>	<p>9:00 Muscle Toning (AUD) 10:00 Line Dancing (AUD) 10:30 Balance Class (CH) 11:15 Low Back & Abdominal Workout (A/C) 1:00 Wii Open Bowling (AUD) 3:30 Catholic Mass (CH) 7:00 Pool & Dominoes (GR) 7:30 Bridge, Mah Jong, Scrabble (A/C) 7:30 Musical Entertainment: Lou Jones, pianist (AUD)</p>	26	<p>9:00 Outdoor Walking Group (ML) 10:00 Keep Moving Aerobics! (A/C) 10:30 Stretch, Flex, and Yoga (A/C) 11:00 Mixed Media Art Class (CW) 11:00 American Red Cross Blood Drive (AUD) 1:30 Parkinson's Disease and Movement Disorders Group (MR) 2:00 Bible Study (A/C) 7:30 Bridge, Mah Jong, Scrabble (A/C) 7:30 Pool & Poker (GR) 7:30 Evening Entertainment: Jacquelyn Lonon, dancer (AUD)</p>	27	<p>9:00 Muscle Toning (AUD) 9:30 Trip Out: Arena Stage: Red (ML) 10:00 Fired Arts (CW) 10:30 Balance Class (CH) 11:00 Vantage House Choraleers (AUD) 11:15 Low Back & Abdominal Workout (A/C) 1:00 Creative Knit & Crochet (WG) 1:00 Duplicate Bridge (A/C) 2:00 Library Committee (L) 2:00 World News Lecture with Mel Goodman (AUD) 4:30 Catholic Communion Service (CH) 7:00 Pool & Dominoes (GR) 7:30 Bridge, Mah Jong, Scrabble (A/C) 7:30 Classic Movie (AUD)</p>	28	<p>ROOM KEY A/C - Arts & Crafts Room AUD - Auditorium CW - Ceramics Workshop CH - Chapel</p>	29	<p>CDR - Chesapeake Dining Room LO - Lounge Area CR - Columbia Room CL - Computer Lab FC - Fitness Center GR - Game Room</p>			

February 2012

IL Calendar

All Activities Subject to Change

